

Patient Pathways

Identify Patient as having a Mental Disorder

Treatment / Referral Options

ATAPS—Via DIVISIONS
Focussed Psychological Strategies (FPS)
 Psycho-education
 Cognitive Behavioural Therapy
 Interpersonal Therapy

By:
 Psychologists
 Social Workers
 Occupational Therapists
 Mental Health Nurses
 ATSI mental health workers

Referral for up to 6 + 6 Group sessions and up to 6 + 6 Individual sessions

Level 2 Registered GPs
 Referral for up to 6 + 6 Individual Sessions

Chronic Disease Management GP Management Plan (GPMP) & Team Care Arrangement (TCA)

Where a patient has a mental disorder as well as complex health care needs (eg. co-morbidities) requiring team-based care, the GP is able to use both the CDM items (for team-based care) and the GP Mental Health Care items

Step 1
Assessment & MH Plan
 Item Number: 2710

Step 2
Review
 (4 weeks to 6 months from plan)
 Item Number: 2712

Step 3
Further Review if required
 (3 months after initial review)
 (Generally no more than 2 reviews in a 12 month period)
 Item Number: 2712

GP Mental Health Consultation
 Item Number: 2713

20 min+ consultation

Available for patients with a mental disorder including for patients being managed under a GP Mental Health Care Plan

May be used for ongoing management of a patient with a mental disorder
 Item Number: 2713

Access to Psychiatrists
 Refer to a Psychiatrist

BETTER ACCESS

Psychological Therapies
 By:
 Clinical Psychologists
 (registered with Medicare Australia)

Referral for up to 6 + 6 Group sessions and up to 6 + 6 Individual sessions

Focussed Psychological Strategies (FPS)
 Psycho-education
 Cognitive Behavioural Therapy
 Interpersonal Therapy

By:
 Psychologists
 Social Workers
 Occupational Therapists
 (All registered with Medicare Australia)

Referral for up to 6 + 6 Group sessions and up to 6 + 6 Individual sessions

GENERAL INFORMATION

Your patient can access rebateable services by clinical psychologist, psychologists, occupational therapists or social workers if they are being managed by the GP under a GP Mental Health Care Plan (Item 2710) or under a psychiatrist assessment and management plan (Item 291).



IMPORTANT: GPs should refer to the Medicare Benefits Schedule for details of the requirements and restrictions related to these items—click here